

# Sara Holdren

actor / director / designer  
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434.825.4788

## ACTING

<i>As You Like It</i>	Rosalind	Four County Players, 2008
<i>Troilus and Cressida</i>	Thersites	Yale University, 2008
<i>24-Hour Macbeth</i>	Macbeth	Red Umbrella Theatre Co. & Friends, 2007; Charlottesville, VA
<i>The Three Sisters</i>	Kulygin	The Control Group Experimental Theater Ensemble; Yale University, 2007
<i>Romeo and Juliet</i>	Nurse / Paris	Red Umbrella Theatre Co., 2007
<i>Twelfth Night</i>	Viola	Four County Players, 2008
<i>Red Noses</i>	Toulon	Yale University, 2007
<i>Measure For Measure</i>	Claudio	Yale University, 2007
<i>The Winter's Tale</i>	Camillo / Cleomenes	Red Umbrella Theatre Co., 2006; (a new version of the original production)
<i>A Miner's Song for the Girl that He Loved and the Circus that Brought About the End of the World (A Dismantling)</i>	Camilla	The Control Group Experimental Theater Ensemble; Yale University, 2006 (an original show)
<i>Pericles</i> (dir. Nona Sheppard)	Pericles	RADA (Royal Academy of Dramatic Art), Acting Shakespeare Program, 2006
<i>Boston Marriage</i>	Anna	Yale University, 2006
<i>Arcadia</i>	Hannah Jarvis	Yale University, 2006
<i>The Winter's Tale</i>	Camillo / First Lord	Red Umbrella Theatre Co., 2005
<i>The Vagina Monologues</i>	Company	Yale University, 2005
<i>This Room Is Full of Rooftops!</i> ( <i>Memory Plays</i> )	Company	The Control Group Experimental Theater Ensemble; Yale University, 2005 (an original show)
<i>For Shadows</i>	Company	The Control Group Experimental Theater Ensemble; Yale University, 2005 (an original show)
<i>The Tempest</i>	Ferdinand	The Control Group Experimental Theater Ensemble; Yale University, 2004
<i>Rosencrantz and Guildenstern Are Dead</i> (dir. Amanda McRaven)	Guildenstern	Live Arts, 2003; Charlottesville, VA
<i>Romeo and Juliet</i> (dir. Amanda McRaven)	Tybalt / Balthazar	Live Arts, 2002; Charlottesville, VA

## DIRECTING, DESIGNING & WRITING

<i>As You Like It</i>	Set Designer	Four County Players, 2008
<i>Troilus and Cressida</i>	Co-Director, Costume Designer	Yale University, 2008
<i>As You Like It</i>	Director, Costume/Set Designer	Yale University, 2008
<i>Henry IV, Parts 1 &amp; 2</i>	Director/Adaptor, Costume Designer	Yale University, 2007
<i>Red Noses</i>	Director, Producer, Costume Designer	Yale University, 2007
<i>Measure For Measure</i>	Assistant Director	Yale University, 2007
<i>The Winter's Tale</i>	Assistant Director, Company Co-Founder	Red Umbrella Theatre Co., 2005–2006; (both original and remounted production)
<i>A Miner's Song... that He Loved and the Circus</i>	Assistant Director, Co-Writer, Costume Designer	The Control Group Experimental Theater Ensemble; Yale University, 2006
<i>Boston Marriage</i>	Co-Director	Yale University, 2006
<i>Arcadia</i>	Co-Director, Costume Designer	Yale University, 2006
<i>Macbeth</i>	Costume Designer	Excellent Motion Shakespeare Company, 2006; San Diego, CA
<i>Richard III</i>	Director, Costume Designer	Yale University, 2005
<i>The Winter's Tale</i>	Assistant Director	The American Shakespeare Center Young Company, 2005; Staunton, VA
<i>As You Like It</i>	Assistant Director, Costume Designer	The American Shakespeare Center Young Company, 2005; Staunton, VA
<i>This Room Is Full of Rooftops!</i> ( <i>Memory Plays</i> )	Director, Co-Writer	The Control Group Experimental Theater Ensemble; Yale University, 2005 (an original show)

## EDUCATION

B. A. in Theater Studies, <i>magna cum laude</i>	Yale University, 2008
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## TRAINING

Acting Shakespeare	Nona Sheppard, Peter Oyston, Brigid Panet, Bruce Alexander, Gregory de Polnay, Alison Skillbeck	RADA, 2006
Stage Combat	Philip d'Orleans	RADA, 2006
Voice	Adrienne Thomas, Andrew Cuthbert	RADA, 2006
Alexander Technique	Katya Benjamin	RADA, 2006
Physical Improv	Chris Heimann	RADA, 2006
Viewpoints Training, Contact Improvisation	Colleen Sullivan, Amanda McRaven	Red Umbrella Theater Co., 2005-2008
Viewpoints, Contact Improv, Suzuki	The Control Group Experimental Theater Ensemble	Yale University, 2004-2008
Acting (Monologues & Scenes)	Claire Christie	2003

## SPECIAL SKILLS

Physical Theater: Viewpoints, basic Suzuki, Contact Improv, basic juggling

Stage Combat (not certified): quarter-staff, rapier and dagger, broadsword, unarmed

Musical Instruments: melodica, clarinet, penny-whistle

Singing: Mezzo Soprano (belty)

Art and Design: graphic design, costume design, basic web design, sewing, painting, drawing

Education: has taught Shakespeare and physical theater workshops for children 9-17

## REFERENCES

Benjamin Curns

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Amanda McRaven

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Joseph Roach, Dilley Professor of Theater and English, Yale University

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Toni Dorfman, Director of Undergraduate Theater Studies, Yale University

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